

Who of you by worrying can add a single hour to your life? Since you cannot do this very little thing, why do you worry about the rest? "Consider how the wild flowers grow. They do not labor or spin. Yet I tell you, not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today, and tomorrow is thrown into the fire, how much more will he clothe you, you of little faith! And do not set your heart on what you will eat or drink; do not worry about it. For the pagan world runs after all such things, and your Father knows that you need them. But seek his kingdom, and these things will be given to you as well. John 14 1 "Do not let your hearts be troubled. You believe in God ; believe also in me. John 14 27 Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. Second Corinthians 98 And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work. Philippians 4 6 and 7 say Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Yes ! Since God cares for us, let us cast all our anxiety on him

Let us not set our heart on what we will eat or drink; do not worry about it. But believe in God ; believe also in Jesus Christ; the saviour.
